



Nurse Practitioner Skills Checklist

Name: _____

Date: _____

In order to provide suitable assignments for you, this checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** (✓) in the appropriate box.

1 = No experience; Theory/observed only

2 = Limited competency; < 5 times per year; Needs supervision

3 = Acceptable competency; > 5 times per year

4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
Specialty				
Anesthesiology				
Cardiology				
Corporate Health				
Critical Care				
Dermatology				
Emergency Medicine				
Ears, Nose, and Throat				
Correctional Care				
Family Practice				
Genetics				
Forensic Medicine				
Internal Medicine				
Interventional Radiology				
Substance Abuse				
Ob and Gynecology				
Occupational Med				
Ophthalmology				
Pain Medicine				
Pathology				
Peds				
Physical Med/Rehab				
Psychiatry				
Public Health				
Radiation Oncology				
Surgery				
Non Clinical				
Disorders Emergencies				
Anaphylaxis				
Cardiac arrest				
Seizures				
Minor head injuries				
Animal bites				
Ingestions and poisonings				
Overdose - sedative, hypnotics				

Skill Level	1	2	3	4
Disorders Emergencies cont.				
Snake bites				
Minor burns				
Shock				
Open wounds				
Respiratory				
Croup				
Influenza				
Tracheobronchitis				
Bronchitis				
COPD				
Asthma				
Pneumonia				
Viral				
Bacterial				
Nonbacterial				
URI (Upper respiratory infection)				
Cardiovascular system				
Congestive heart failure				
Chronic obstructive pulmonary disease				
Stasis ulcer of lower extremities				
Angina				
Pericarditis				
Coronary artery disease				
Functional murmurs				
Congenital heart disease				
Hypertension				
OB/GYN				
Nausea/vomiting - pregnancy				
Dysmenorrhea				
Candida vaginitis				
Pap smears				
Abnormal pap smear findings				
Trichomonal Vaginitis				
Atrophic vaginitis				

OB/GYN cont.				
Fibrocystic breast disease				
Menopause				
Bartholin's cyst/ abscess				
Preparation for childbirth				
Pregnancy-diagnosis				
Pain relief (in active phase of labor)				
Intrapartum medications				
Medications in the third stage				
Dysfunctional uterine bleeding				
Rh blood factor				
Mastitis				
Medications in the Post-Partum				
Birth control methods				
Pre-natal care				
Fetal well-being				
GI System				
Constipation				
Diarrhea (simple)				
Irritable bowel syndrome				
Acute gastroenteritis				
Hiatal hernia				
Hemorrhoids				
Hepatitis				
Duodenal ulcer				
Cholecystitis				
Pyloric stenosis				
Colic				
Appendicitis				
Skin				
Warts				
Basal skin carcinoma				
Scabies				
Impetigo				
Diaper dermatitis				
Acne				
Folliculitis				
Furuncles				
Carbuncles				
Herpes simples				
Herpes zoster				
Malignant melanoma				
Pityriasis Rosea				
Contact dermatitis				
Tinea corporis				
Tinea pedis				

Ears, Nose, and Throat				
Epistaxis				
Otitis externa				
Serous otitis media				
Acute purulent Otitis media				
Allergic rhinitis				
Pharyngitis				
Oral candidiasis				
Eye				
Conjunctivitis				
Strabismus				
Chalazion				
Stye				
Musculoskeletal				
Osteoporosis				
Osteomyelitis				
Rheumatoid arthritis				
Juvenile diabetes				
Gout				
Minor sprains and strains				
Osteoarthritis				
Carpal Tunnel Syndrome				
Scoliosis				
Tendonitis				
Bursitis				
Muscular dystrophy				
Parasitic Infections				
Pinworms				
Ascariasis				
Pediculosis				
Genitourinary System				
Syphilis				
Chlamydia				
Herpes				
Cystitis				
Pyelonephritis				
Urinary tract infection				
Benign prostatic hypertrophy				
Vulvovaginitis				
Hypospadias				
Hydrocele				
Gonococcal infections				
Prostatitis				
Nervous System				
Vasovagal syncope				
Migraine headaches				

Nervous System cont.				
Multiple sclerosis				
Headaches				
Head injury				
Tension				
Migraine				
Anxiety				
Parkinson's				
Bell's Palsy				
TIA (transient ischemic attacks)				
Trigeminal neuralgia				
Multiple sclerosis				
Endocrine				
Type I diabetes mellitus				
Type II diabetes mellitus				
Graves' disease				
Addison's disease				
Juvenile diabetes				
Hypoglycemia				
Hypothyroidism				
Hematological				
Folic acid deficiency anemia				
Aplastic anemia				
Iron deficiency				
Sickle cell anemia				
Pernicious anemia				
Psychosocial				
Depression				
Suicide				
Obesity				
Grief				
Anxiety				
Anorexia				
Bulimia				

Miscellaneous				
Suturing				
Cell biopsy				
Starting IV				
Casting and splinting				
Age Appropriate Care				
Newborn (Birth-30days)				
Infant (30 Days – 1 year)				
Toddler (1-3 years)				
Preschooler (3-5 years)				
School Age (5-12 years)				
Adolescents (12-18 years)				
Young Adult (18-39 years)				
Middle Adult (39-64 years)				
Older Adult (64 + years)				
EMR				
AllScript				
Canopy				
Epic				
Cerner				
Eclipsys				
McKesson				
Meditech				
Other Computerized System				
Computerized Physician Order Entry				
Bar Coding for Medication Administration				

Please list any areas of expertise below:

I hereby certify that ALL information I have provided to Wellspring Nurse Source on this skills checklist is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.

Signature: _____ Date: _____