



## Progressive Care Skills Checklist

Name: \_\_\_\_\_ Date: \_\_\_\_\_

In order to provide suitable assignments for you, this checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** (✓) in the appropriate box.

1 = No experience; Theory/observed only

2 = Limited competency; < 5 times per year; Needs supervision

3 = Acceptable competency; > 5 times per year

4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
<b>General Patient Care</b>				
Admission				
Advanced Directives				
Charge Nurse Experience				
Collect Appropriate Data				
Discharge Teaching				
Organ/Tissue Donation				
Patient and Family Teaching				
Preoperative Teaching				
Computerized Documentation				
<b>Cardiac</b>				
Abnormal Heart Sounds/Murmurs				
Apical Pulse				
Auscultation (Rate/Rhythm)				
Capillary Refill				
Color				
Pulses/Circulation Checks				
Abdominal Aortic				
Aneurysm				
Acute MI				
Angina				
Cardiac Tamponade				
Cardiac Teaching				
Cardiomyopathy				
Cardiopulmonary Arrest				
Carotid Endarterectomy				
Congestive Heart Failure				
Endocarditis				
EP Study & Ablation				
Femoral Popliteal Bypass				
Heart Transplant				
Hypertension				
Hypovolemic Shock				
Multi-System Organ Failure				

Skill Level	1	2	3	4
<b>Cardiac cont.</b>				
Myocardial Contusion				
Pacemaker-External				
Pacemaker-Permanent				
Pacemaker-Temporary				
Pacemaker-Transthoracic (Epicardial)				
Pericarditis				
Post AICD Insertion				
Pre/Post Cardiac Cath				
Pre/Post Cardiac Surgery				
Pre/Post PTCA/Stents				
Valve Replacement				
Ventricular Assist Device (RVAD or LVAD)				
<b>Monitoring</b>				
1. 12 Lead EKG				
2. Interpretation				
3. Arrhythmia Interpretation				
4. Arterial Line				
5. CVP Monitoring				
6. EKG Monitoring				
<b>Labs</b>				
1. BNP				
2. Cardiac Enzymes & Isoenzymes				
3. Coagulation Studies				
4. Troponin				
<b>Pulmonary</b>				
Adventitious Breath Sounds				
Assess Lung Sounds				
Oxygenation Status				
Rate and Work of Breathing				
Acute Pneumonia				
ARDS				
Asthma				
Chest Trauma				

<b>Pulmonary cont.</b>				
Chest Tube				
COPD				
Inhalation Injuries				
Lobectomy				
Lung Transplant				
Near Drowning				
Pre/Post Thoracic Surgery				
Pulmonary Edema				
Pulmonary Embolism				
Status Asthmaticus				
Tension Pneumothorax				
Tracheostomy/Tuberculosis				
Pulse Oximetry Monitoring				
ABGS Lab				
<b>Neurological</b>				
Glasgow Coma Scale				
Level of Consciousness				
Reflex/Motor Deficits				
Visual/Communication Deficits				
Acute Head Injury				
Alzheimer's Disease				
CNS Infection				
Coma				
CVA				
DTS				
Encephalitis				
Halo Traction/Cervical Tongs				
Increased ICP				
Intracranial Hemorrhage				
Laminectomy				
Meningitis				
Metastatic Tumor				
Multiple Sclerosis				
Neuromuscular Disease				
Pre/Post Neuro Surgery				
Seizure Disorder				
Spinal Cord Injury				
TIA's				
Tumor Resection				
Ventriculostomy				
<b>Gastrointestinal</b>				
Bowel Sounds				
Colostomy Care				
G.I. Assessment				
Abdominal Wounds and Surgeries				
Blunt Trauma				

<b>Gastrointestinal cont.</b>				
Bowel Obstruction				
Colostomy				
Esophageal Bleeding				
GI Bleeding				
Hepatitis				
Ileostomy				
Inflammatory Bowel Diseases				
Jejunostomy Tube				
Liver Cancer				
Liver Failure				
Treatment Side Effects Chemo/Radiation				
Pancreatic Cancer				
Pancreatitis				
Paralytic Ileus				
LFTs Lab				
Serum Ammonia Lab				
Serum Amylase Lab				
Nutritional Status Monitoring				
<b>Renal/Genitourinary</b>				
Skin Tugor				
Acute Renal Failure				
End Stage Renal Disease				
Hemodialysis				
Nephrectomy				
Nephrostomy Tube				
Peritoneal Dialysis				
Renal Transplant				
Suprapubic Cath				
V Fistula/Shunt				
Fluid Balance Monitoring				
Measurement I & O Monitoring				
Bun & Creatinine Lab				
Serum Electrolytes Lab				
<b>Endocrine/Metabolic</b>				
Diabetic				
Diabetic Ketoacidosis				
Drug Overdoes				
Insulin Shock				
Blood Glucose Lab				
Thyroid Studies Lab				
<b>Musculoskeletal</b>				
Cast Care				
Circulation/Pulse Checks				
Amputation				
External Fixation				
Joint Replacements				

<b>Musculoskeletal cont.</b>				
Multiple Trauma				
Paraplegia				
Rheumatoid Arthritic Disease				
<b>Immunology/Hematology/Oncology</b>				
Blood Transfusions				
Acute Leukemia				
Cancer				
Disseminated Intravascular Coagulation				
HIV/Aids				
Treatment Side Effects Chemo/Radiation				
Sepsis				
Hematology Lab				
<b>Wounds/Integument</b>				
S/S Infection Assessment				
Skin Assessment				
Burns				
Staged Decubitus Ulcers				
Stasis Ulcers				
Surgical Wounds with Drains				
Skin Breakdown Monitoring				
<b>Medications Administration</b>				
Administer IM and SQ Meds				
Administer PO Medications				
Bladder Irrigation and Instillation				
Needleless Systems				
<b>IV Therapy</b>				
Assess/Maintain IV Insertion Site				
PICCS				
Inserting IVs				
Multi-Lumen Central Venous Catheters				
<b>Blood</b>				
Administer Blood/Blood Products				
Albumin				
<b>Nutritional Therapy</b>				
Dobhoff Insertion				
Enteral Administration				
Gravity/Bolus Tube Feedings				
J-Tube				
NGT Insertion				
PEG				
TPN and Hyperalimentation				
<b>Oxygen Administration</b>				
Ambu-Bag				
Nasal Cannula				
Nebulizer Treatments				
Non-Rebreather Mask				

<b>Oxygen Administration cont.</b>				
Portable Oxygen				
Tracheostomy Tube				
Venti Mask				
<b>Pain Management</b>				
Assess Pain Level/Tolerance				
Epidural Anesthesia/Analgesia				
Moderate Sedation				
Patient Controlled Analgesia				
Ramsey Scale				
<b>Procedures/Equipment</b>				
Chest Tube Drainage Systems				
Doppler				
Drains (JP-Hemovac-Penrose)				
Dressing Changes				
Establish/Protect Airway				
Femoral Artery Sheath Removal				
Foley				
Hyper/hypothermia Blanket				
Incentive Spirometry				
Isolation				
Specialty Beds				
Sterile Dressing Changes				
Suction (ET-Oral-Trach-Nasal)				
Universal Precautions				
Wound Care/Irrigations				
Wound Vac				
<b>Specimen Collection</b>				
1. Arterial Line Draw				
2. Butterfly Stick				
3. Central Line Draw				
4. Clean Catch Urine				
5. Cultures-Blood				
6. Dip Stick				
7. Finger Stick				
8. Stool				
9. Sputum				
10. Sterile Urine				
11. Throat Swabs				
12. Venipuncture				
<b>Assisting with</b>				
1. Bedside Invasive Procedures				
2. Bronchoscopy				
3. Cardioversion/Defibrillation				
4. Central Line Insertion				
5. Chest Tube Insertion				
6. Chest Tube Removal				

<b>Procedures/Equipment cont.</b>				
<b>Assisting with cont.</b>				
7. Emergency Tracheostomy				
8. ET Intubation and Extubation				
9. Lumbar Puncture				
10. Open Chest Emergency				
11. Pericardiocentesis				
12. Paracentesis				
13. Temporary Pacemaker Insertion				
14. Thoracentesis				
15. Transesophageal Echocardiogram				
<b>Age Specific Practice Criteria</b>				
Newborn/Neonate (birth - 30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School age children (5 - 12 years)				
Adolescents (12 - 18 years)				
Young adults (18 - 39 years)				
Middle adults (39 - 64 years)				
Older adults (64+ years)				

<b>Critical Care Settings</b>				
Interventional Unit				
PCU				
Stepdown				
Tele				
<b>EMR</b>				
AllScripts				
ARIA				
Canopy				
Epic				
Cerner				
Eclipsys				
McKesson				
Meditech				
Other Computerized System				
Computerized Physician Order Entry				
Bar Coding for Medication Administration				

Please list any areas of expertise below:

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**I hereby certify that ALL information I have provided to Wellspring Nurse Source on this skills checklist is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.**

Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_