

## **Psychiatric Skills Checklist**

Name:	Date:

In order to provide suitable assignments for you, this checklist is intended as a method of assessing your professional proficiency. Please rate your skill level as accurately as possible by placing a **check** ( $\sqrt{}$ ) in the appropriate box.

- 1 = No experience; Theory/observed only
- 3 = Acceptable competency; > 5 times per year

- 2 = Limited competency; < 5 times per year; Needs supervision
- 4 = Competent; Performs on a daily or weekly basis; Proficient

Skill Level	1	2	3	4
Assessment				
Admission				
Initial nursing assessment and care plan				
Initial treatment plan				
Neurological vital signs				
Nursing diagnoses				
Nursing reassessment and care planning update				
Suicide risk assessment				
Equipment & Procedures				
Active participation in multi-disciplinary staffing				
Assist physician in administration of electroconvulsive therapy				
Assist with lumbar puncture				
Cardiopulmonary resuscitation				
Charge nurse experience				
Charting				
1. Behavioristic				
Treatment/goal oriented				
Discharge planning				
Electroconvulsive therapy				
Group therapy leader				
Insertion & care of straight and Foley catheter				
1. Female				
2. Male				
Management of drug/alcohol detox symptoms				
Management of assaultive behavior				
Multi-disciplinary treatment team participation				
O2 therapy & medication delivery systems				
1. Bag and mask				
2. External CPAP				
3. Face masks				
4. Inhalers				
5. Nasal cannula				

Skill Level	1	2	3	4
Equipment & Procedures cont				
6. Portable O2 tank				
7. Trach Collar				
Oro-naso-pharynx suctioning				
Participation in milieu therapy				
Patient teaching				
Psychiatric emergency response team				
Psychiatric home health				
Rapid tranquilization				
Restraints, application and assessment of:				
Ambulatory cuffs				
2. Full restraints				
Wrist restraints				
Telephonic crisis intervention				
Therapeutic communication skills				
Tube Feeding				
Care of Patients with:				
Alcohol dependency				
Drug dependency				
Electroconvulsive therapy				
Electroconvulsive therapy				
Electroconvulsive therapy Hallucinations				
Electroconvulsive therapy Hallucinations Manic behavior				
Electroconvulsive therapy Hallucinations Manic behavior Med-psych patient				
Electroconvulsive therapy Hallucinations Manic behavior Med-psych patient Organic disorder Partial hospital/intensive outpatient				
Electroconvulsive therapy Hallucinations Manic behavior Med-psych patient Organic disorder Partial hospital/intensive outpatient program patient				
Electroconvulsive therapy Hallucinations Manic behavior Med-psych patient Organic disorder Partial hospital/intensive outpatient program patient Seclusion and restraints				
Electroconvulsive therapy Hallucinations Manic behavior Med-psych patient Organic disorder Partial hospital/intensive outpatient program patient Seclusion and restraints Seizure disorder Tracheostomy Medications				
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Toddler (1 - 3 years) Preschooler (3 - 5 years) Preschooler (3 - 5 years) School age children (5 - 12 years) Adolescents (12 - 18 years) Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Prawing blood from central line Prawing venous blood Inanagement of patient with Preschooler (3 - 5 years) Adolescents (12 - 18 years) Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  EMR Allscripts Cerner Epic HomeCare Home Base McKesson Meditech Other Computerized Documentation System	Infant (30 days - 1 year) Infant (12 - 18 years) Infant (12			Ag	ge Specific Practice Criteria		
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Preschooler (3 - 5 years)  School age children (5 - 12 years)  Adolescents (12 - 18 years)  Adolescents (12 - 18 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Adolescents (12 - 18 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Adolescents (12 - 18 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Adolescents (12 - 18 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Adolescents (12 - 18 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years)  Middle adults (39 - 64 years)  Older adults (39 - 64 years)  Notes of the preschooler of the	Preschooler (3 - 5 years) School age children (5 - 12 years) Adolescents (12 - 18 years) Adolescents (12 - 18 years) Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years) Adolescents (12 - 18 years) Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years) Adolescents (12 - 18 years) Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years) Adolescents (12 - 18 years) Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years) Adolescents (12 - 18 years)  Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years) Adolescents (12 - 18 years)  Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years) Adolescents (12 - 18 years)  Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (64+ years)  Preschooler (3 - 5 years)  Young adults (18 - 39 years) Middle adults (39 - 64 years) Older adults (39 - 64 years) Older adults (64+ years)  Preschooler (1 - 12 years)  Middle adults (39 - 64 years) Older adults (39 - 64 years)	)ral		Inf	ant (30 days - 1 year)		
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3. Heparin lock	3. Heparin lock	1. Angiocath		Me	editech		
Please list any areas of expertise below:		<del>-</del>		Ot	her Computerized Documentation		
		2. Butterfly		Ot	her Computerized Documentation		
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Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_